

METHOD AND APPARATUS FOR OPTICAL SAMPLING TO REDUCE INTERFERING VARIANCES

Background of the Invention

5

In a number of circumstances, e.g., taking non-invasive *in vivo* measurements, the sample is inhomogeneous. Because of this inhomogeneity, errors are often introduced into the measurement process. *In vivo* non-invasive measurements of substances such as glucose or hemoglobin using optical systems are particularly 10 susceptible to this problem. Measurement through a finger can have problems with variations of pathlength, variations of water content, density differences along with pathlength, shunting of signal, relative motion of sources and detectors and a host of other problems. To ameliorate these problems, a variety of techniques have been attempted. For example, in pulse oximetry, spring loaded clamps or adhesive tape are 15 used to hold the source and detector system to the finger. This clamping eliminates some of the problems of relative motion but does not cure other sources of variance. In fact, clamping of the finger or earlobe to make non-invasive measurements can cause new problems by deformation of the tissue in an inconsistent and irreproducible way.

United States Patents Nos. 5,424,545 and 5,434,412, both issued on applications 20 of Block and Sodickson, the disclosures of which are incorporated herein by reference, are directed to different methods of attempting to cure the problems caused by inhomogeneity of the sample. In these patents, congruent sampling is used to try to minimize the difference in pathlength from the light source to the detector. These 25 patents use optical systems which make either the light sources or detectors (or both) optically congruent; that is, the detectors view the same portion of the sample and source through the same solid angle and at the same distance. While these systems provide a benefit in reducing several of the sources of the inaccuracy caused by an inhomogeneous sample, particularly those associated with differences in pathlength, they cannot solve all 30 of the problems. In addition, because of the need for prisms and other optical components to make the pathlengths equal, these systems are inherently bulky.

Another approach to dealing with some of the problems in output caused by the inhomogeneity of the sample is shown in the Dähne, United States Patent No. 4,655,225, the disclosure of which is incorporated herein by reference. This patent uses an 35 integrating sphere to capture light exiting a finger without regard to the directional aspect. The input port of the integrating sphere is placed next to the finger so that all of the light transmitted through the finger enters the integrating sphere and is captured so as

to increase signal. A problem with this type of apparatus is that it also allows any light that is shunted (e.g., light that does not go through the area of interest) to be collected as well. In addition, because the light used to illuminate the finger may illuminate areas that have inhomogeneities, thus causing scattering, the use of the integrating sphere as
5 shown in the Dähne patent captures light from these inhomogeneous areas as well.

United States Patent No. 5,672,875, also on an application of Block and Sodickson, the disclosure of which is incorporated herein by reference, discloses another attempt to minimize the problems caused by scattering in an inhomogeneous sample.
10 The apparatus and method shown in this patent require that the illuminating and/or detected radiation is from a limited solid angle, thereby excluding scattered radiation. This is the opposite approach to the Dähne patent, which includes all the scattered radiation as well as the non-scattered. However, even using this approach, the inhomogeneous nature of the sample may be a problem. Further, by limiting the solid angle from which radiation is used to illuminate the sample or from which the sample
15 radiation is collected, the amount of radiation which can be detected is reduced. This is a particular problem with measurements of glucose, since it is a trace constituent rather than a major constituent of blood, and the amount of signal needed should be maximized, not minimized.

Thus, the inhomogeneities of samples cause serious problems in measurement. It
20 is important, however, to be able to make measurements under these conditions. For example, many diabetics need to take glucose measurements numerous times during the day. Some form of continuous glucose monitor, particularly one that is not bulky, would provide significant benefits to these patients but none is presently available. Thus, a wearable device to measure glucose would be advantageous.

25 Accordingly, an object of the invention is to provide an apparatus and method for reducing sources of variance in measurement of an inhomogeneous sample.

Another object of the invention is to provide a method and apparatus with reduced bulk for measuring constituents of a sample such as glucose.

30 A further object of the invention is to provide a device which can measure concentration of optical properties of a solution or sample which is inhomogeneous.

These and other objects and features of the invention will be apparent from the following description and the drawing.

Summary of the Invention

The invention features a method and apparatus for minimizing the temporal and spatial variations in optical pathlengths in an inhomogeneous sample. The invention 5 uses a reflective enclosure about the sample that allows multipassing of the radiation through the sample prior to detection. In addition, stray ambient light and optical shunting are minimized. The reflective enclosure may act as a specular reflector, diffuse reflector, or both.

As noted, the sources of the inhomogeneity and problems in sample 10 measurement are numerous. First, there is spatial non-uniformity of the sample which can produce variability. For example, this variability occurs when different measurement channels each receive radiation from a different portion of the non-uniform sample. Another source of variability is produced by involuntary relative motion between the source and the sample and/or the sample and the detector. Efforts 15 to eliminate this type of motion by clamping the finger or earlobe are not satisfactory since they tend to deform the finger and thus modify the circulation in a non-repeatable, irreproducible way, leading to measurement uncertainty. This can vary the pathlength, the amount of sample in the area of measurement, or even the water content along the pathlength. Since any of these can affect the measurement, eliminating these sources of 20 variance is helpful.

The method and apparatus for minimizing the variation in optical pathlengths includes a source of illuminating radiation for illuminating the sample. In some circumstances, a plurality of radiation sources is used. Preferably, at least one illumination source is located within the reflective enclosure and if two or more distinct 25 radiation sources are used, they may be located either axially or radially relative to the axis of the sample. Preferred radiation sources include miniature incandescent lamps. The illuminating radiation sources are normally arranged adjacent to a reflective enclosure that at least partially encloses the sample, but a small gap from the reflective enclosure may be used. While a reflective enclosure that totally encloses the sample is 30 preferable, this is not always necessary or even practical because of heat and other constraints.

The sample is illuminated with radiation from the illumination source and the radiation emerging from the sample is detected using a detector. The detector may

consist of a plurality of detector units and, preferably, at least one of the detector units is located within the reflective enclosure. In certain circumstances, however, this is not possible, so the reflective enclosure may only partially enclose the sample (e.g., a finger), in a radial direction, preferably with the opening being slightly less than the width of the sample. If a finger or other body part is used as the sample, the apparatus may be used for non-invasive *in vivo* testing of a bodily fluid. The preferred system totally encloses the finger in a radial direction and both the illumination sources and the detectors are then within the reflective enclosure and adjacent to the finger.

The apparatus and method may also be used with an inhomogeneous fluid as a flow through device. The reflective enclosure may be in the form of a cylinder open at both ends which encloses the sample and a fluid sample may flow through the cylinder during the time of illumination and detection of radiation.

Brief Description of the Drawings

FIG. 1 shows the reflective enclosure and illumination sources for the device which could be used to partially enclose a finger;

FIG. 2 shows the device of FIG. 1 about a finger, showing the location of the illumination sources at the knuckle;

FIG. 3 shows a totally enclosing reflective enclosure having both illumination sources and detectors; and

FIG. 4 shows the device of FIG. 3 about a finger as it would be used in operation.

Detailed Description of the Drawings

The methods and apparatus of the present invention cure some of the problems associated with inhomogeneous samples, particularly as they apply to non-invasive *in vivo* testing. The methods are applicable to situations where there is spatial inhomogeneity of a sample, differences in pathlength, problems with stray ambient light, and problems with shunted light. The apparatus provides more efficient collection of light from sources and eliminates the need for a significant number of the optical

transfer elements such as lens, mirrors and fiber optics, thus allowing easier portability of the device.

Many samples, such as a finger, earlobe or other body part used for non-invasive *in vivo* testing for glucose, hemoglobin, or other bodily fluid constituents, have problems 5 in reproducibility and sensitivity caused by inherent inhomogeneity in the samples. For example, to determine the glucose level in blood in a finger optically, one must have the illuminating radiation go through the skin layer, bone, blood vessels, the blood itself, and additional water filled tissue. While a number of methods have been tried to ameliorate the problems caused with this type of inhomogeneous sample, none have 10 been totally satisfactory. If a sample is illuminated with radiation and the radiation transmitted, reflected or transreflected from the sample is utilized, there are problems with making sure that the pathlength is equal for each detector/illumination source pair and that the detector (or detectors) is obtaining radiation from the identical part of the sample. If not, then any spatial variations in homogeneity of the sample can be a 15 possible source of error. In addition, relative movement between the sample and illumination sources or the sample and the detector is another source of error. Attempts have been made to ameliorate the problems caused by the former using structural restrictions such as the congruent illumination and congruent sampling described in United States Patents Nos. 5,424,545 and 5,434,412. Similarly, attempts to cure the 20 latter problems include clamping or taping of the light source and detector to the sample; none of these have been successful, so a better method is needed.

The present invention uses a reflective enclosure (i.e., a *spiegelraum*) to enclose the sample under investigation. This reflective enclosure may provide specular or diffuse reflectivity, or both. Materials such as magnesium oxide or even Teflon® may be 25 used to form the reflective material. At least one illumination source and, preferably, the detector, is contained within this reflective enclosure. Using this reflective enclosure and the internal illumination and detection sources, the light illuminating the sample is reflected back and forth multiple times through the sample before hitting the detector. Thus, multipasses through the sample are utilized, thereby averaging the pathlength 30 despite the inherent inhomogeneities. The actual pathlength itself becomes unimportant using this device because the emerging light is "homogenized" by multiple passes through the sample. The light that emerges from the sample and reaches the detector does not meet any of the traditional categories; it is not truly transmitted, reflected or transreflected since it is likely to have had multiple passes through the sample. Using this 35 type of multipass system increases the efficiency of the collection of the light from the

sources that are included within the reflecting enclosure while eliminating stray ambient light. Further, by including the illumination sources and detection sources within the reflective enclosure, the need for optical transfer elements such as lenses, mirrors and fiber optics is eliminated. While it is preferable that the reflective enclosure completely encircles the sample, in some circumstances it is possible to have a partial enclosure which provides many of the benefits of the present invention while eliminating many of the problems of the prior art. In this case, the detector is normally located at the opening.

FIG. 1 shows a reflective enclosure 10 of the type used to partially enclose a sample such as a finger. Reflective enclosure 10 is made of material that has a reflective coating on its inner side, such as a reflective tape, and preferably is sufficiently flexible to mold to the shape of the sample such as a finger. Aluminum tape is a preferred material for reflective enclosure 10.

FIG. 1 shows a series of illumination sources 20 that are contained within the reflective enclosure 10. Although illumination sources 20 are shown as being distributed radially, they could be distributed along the long axis of reflective enclosure 10. Each of illumination sources 20 has shown having leads 30 attached thereto. While these leads are shown as being inside reflective enclosure 10, it is also possible that a port is used for each of the illumination sources 20 so that the leads are on the outside of reflective enclosure 10. If the leads are inside reflective enclosure 10, it may be preferable to wrap the leads in reflective tape or have a reflective coating on the leads so they do not absorb any light.

FIG. 2 shows the reflective enclosure 10 of FIG. 1 about a finger 40. As can be seen from this Figure, reflective enclosure 10 need not completely surround finger 40 but rather there is a gap at one side of finger 40. A detector 50, possibly made up of a plurality of detector units (not shown), is placed at the gap in reflective enclosure 10. This is particularly useful if detector 50 is heat sensitive. By placing detector 50 at the gap, detector 50 is kept at a lower temperature. Many detectors, such as Indium Gallium Arsenide detectors, have some temperature dependence in their noise and responsivity characteristics. As is shown in Example 1, taping the reflective enclosure 10 about the finger 40 to limit the gap to finger width helps eliminate ambient light and prevents shunting, thus yielding more reproducible values.

FIG. 3 shows a reflective enclosure 10' which is adapted to completely encircle a finger. As with reflective enclosure 10 in FIG. 1, reflective enclosure 10' can be made

of any reflective material, with aluminum tape being a preferred material. A plurality of illumination sources 20', connected to leads 30' are shown, as are a plurality of detector units 60', which make up detector 50'. Detector units 60' are attached to leads 70'. Both illumination sources 20' and detector units 60' are shown as being enclosed within

5 reflective enclosure 10'. Although leads 30' and 70' are shown as being within reflective enclosure 10', they can be external to reflective enclosure 10' and pass through ports through reflective enclosure 10'. In addition, although illumination sources 20' and detection units 60' are shown opposing each other, this is not necessary since the light will emerge from the finger in all directions and illumination sources 20' and detector
10 units 60' could be used at various locations within reflective enclosure 10'. The only requirement is that detection units 60' must be baffled or in some way arranged such that they do not receive light either directly from illumination sources 20' or light which is reflected from illumination sources 20' by the interior of reflective enclosure 10' without passing into the finger.

15 FIG. 4 shows the reflective enclosure 10' of FIG. 3 about a finger 40'. As described in connection with FIG. 2, if the leads 30' and 70' pass within reflective enclosure 10', it is preferable that they be wrapped in a reflective coating.

Both FIG. 2 and FIG. 4 show the illumination sources and detectors as being next to knuckle. This is an important advantage of the present invention; because
20 multiple paths are used, the area of the knuckle, which is less susceptible to deformation, may be used. In other devices, the knuckle would be avoided because it is more opaque a measurement site than other sites. It is the optical efficiency of the present system, with the multipasses through the finger that allow the knuckle to be used.

The following Example shows the benefit of the present invention.

25 **Example**

In this Example, the effects of using the reflective enclosure and varying the size of the opening were tested. Two micro-lamps, Gilway Part No. 7151, were used as illumination sources. The lamps were set in parallel, touching each other and were oriented transversely to the long axis of the finger at the distal joint. These lamps
30 provided broad spectrum illumination. The finger circumference was approximately 50 mm \pm 1 mm. The following Table shows the values from detectors at four wavelengths in a variety of different enclosure formulations;

The light sources provided illumination across this whole region of wavelengths.

	1254	1655	1300	1378
Black tape, 15 mm wide	620	12	1600	420
Al tape, 15 mm wide	1910	22	2550	1020
Spiegelraum, 5 mm open	420	7	660	370
Spiegelraum, 10 mm open	1090	13	1670	670
Spiegelraum, 25 mm open	2990	27	3220	1230
Spiegelraum, 25 mm open w/tape	1420	15	2010	710

Four detectors were used, filtered to pass various wavelengths. Indium Gallium Arsenide detectors (Hamamatsu G 8370), each with its own distinct broadband filter

5 centered about 1254, 1655, 1300 or 1378 nm, were used to produce the readings for each channel.

Rows 1 and 2 on the Table show the effect of putting a reflector behind the illumination sources. In row 1, black tape, 15 mm wide, was used behind the light sources in lieu of a reflective surface, while row 2 shows the effect of the reflective aluminum tape in lieu of the black absorbing background. Neither of these tapes is wrapped around the finger; they are merely backing for the sources. In all cases, the detectors were spread out in the gap on the opposite side of the finger from the illumination source. As can be seen from the first two rows, using the reflective tape in lieu of the black tape clearly increases the signal at all of the wavelengths.

The third and fourth rows of the Table show a *spiegelraum* or an enclosure of reflective material about the finger. In these cases, there were 5 mm and 10 mm openings where the detectors were located. Since the values for the 10 mm opening are roughly double the values of the 5 mm opening, this shows that the light leaving the reflective enclosure is substantially uniform. However, the value from the fifth row should be only about 1 1/2 times the amount of the fourth row since the width at the finger joint is approximately 16 mm ($16/10 \approx 1\frac{1}{2}$). Instead, the values are much higher than that of the 10 mm opening, suggesting that shunting, or light going around the finger, is occurring. In the fifth row, the edges of the opening were not taped. The sixth row confirms that shunting was occurring. With the edges of the 25 mm opening taped, the values are much closer to that of the 10 mm opening. This suggests that the optimum width for an opening (if used) would be the width of the flat portion of the

joint, which is about 13-16 mm. It also suggests that arranging the illumination sources along the axis of the finger rather than radially is likely to provide a higher signal.

One of the problems with using a reflective enclosure that completely encloses the finger is heat. Most detector units are not operable, or have inconsistent readings, at 5 body temperature or higher, so a gap or opening is necessary to protect the detector units. If detector units that can withstand the temperature are available, then these could be used inside the total enclosure.

In lieu of the flexible, cylindrical enclosure such as one made with aluminum tape, an integrating sphere could be used. The sample could be enclosed within the 10 integrating sphere and the illumination source and the detectors could also be enclosed.

The present system may be used with any type of calculations for optical measurement systems. Thus, it is equally applicable to classical spectroscopic measurements and Kromoscopic measurements such as are described in the previously cited patents. The ability to eliminate pathlength problems and increase signal, thus 15 yielding a higher signal to background ratio, is a universal benefit. In addition, since light from all directions is used to illuminate the sample, higher levels of emerging radiation are obtained. It also appears that the light emerging from the sample is more homogeneous than that from normal systems.

Those skilled in the art may appreciate the other advantages and uses of 20 the subject matter disclosed herein. Such other advantages, uses and embodiments of the apparatus and methods described herein are included in the following claims.